

Grief Resources for Specific Experiences

Resource type	Organization	Description	Link to website
Grief Resources for Indigenous Caregivers	Canadian Partnership Against Cancer	Video	Beginning the journey into the spirit world
	Cancer Care Ontario	Toolkit	Palliative Care Toolkit for Indigenous Communities
	Canadian Virtual Hospice	Living My Culture	Canadian Virtual Hospice
	Northern Health Indigenous Health (British Columbia)	Cultural practices around illness and death Cultural practices around illness and death	This 27-minute video provides information for health providers about cultural practices around illness and death from First Nations speakers from the Haisla, Nisga'a, Tsimshian, Gitksan, and Tahltan Nations near Terrace and Kitimat.
Grief Resources for Culturally and Linguistically Diverse Caregivers and Multilingual Resources	Hospice Palliative Care Ontario - First Nations Caregiver Support Education	eLearning modules on a variety of topics	Grief: The Stages and How to Cope
	Canadian Virtual Hospice	Living My Culture	Canadian Virtual Hospice

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Grief Resources after the loss of a child, pregnancy or newborn	Canadian Virtual Hospice		Canadian Virtual Hospice
	Sunnybrook Pregnancy and Infant Loss Network (PAIL Network)	Grief support resources for pregnancy and infant loss	Support for families
	Government of Canada	Family-centred maternity and newborn care: National guidelines - Chapter 7-	Loss and Grief
Grief Resources for Young Caregivers, Youth and Children	Sick Kids	Grief resources for children	Grief and Bereavement Resources GriefWords Library
	Children's Grief Foundation of Canada	Ontario resource list of supports and programs for children (a non-profit charitable organization that raises funds to distribute to Canadian registered charities that support children's bereavement.)	Children's Grief Foundation resources - Ontario
	Bereaved Families of Ontario - Southwest Region	List of grief organizations for children	List of Organizations supporting Grief in Children and Youth
	Canadian Virtual Hospice	Talking with kids and teens about serious illness, dying and death	KidsGrief.ca

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	YouthGrief.ca	YouthGrief.ca has been developed — from content to art to design — by grieving youth, for grieving youth.	YouthGrief.ca
	Canadian Alliance for Grieving Children	Resource List	Finding supports in Ontario
	Kid's Help Phone	Grief and Loss	<ul style="list-style-type: none"> • What to Expect at a Funeral • How to help a friend dealing with grief • Dani's story of grief, hope and the power of compassion
	Canadian Mental Health Association	Learn about loss and grief and how to help children and youth cope.	Understanding and Coping with Loss and Grief
Disease-specific grief supports	Alzheimer's Society of Canada	Ambiguous loss and grief checklist	Managing Ambiguous Loss and Grief and Checklist
	Wellspring Cancer Support	Cancer specific	Bereavement support groups
	Sick Kids - PACT	The Paediatric Advanced Care Team (PACT) meets with children and their families when a child is facing a serious illness to	Paediatric Advance Care Team

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		provide an extra layer of support.	
	The Leukemia & Lymphoma Society of Canada	Coping with Grief and Loss	Coping with Grief and Loss
	SPA-LTC – Strengthening a Palliative Approach in Long-Term Care	Comfort Care at the End-of-Life for Persons with Alzheimer’s Disease or other Degenerative Diseases of the Brain	Comfort Care Booklet: A Guide for Caregivers
Grief Resources for Two-Spirit and LGBTQ+	Canadian Virtual Hospice	Proud, Prepared, and Protected is a collection of online resources to assist people who identify as 2SLGBTQ+ to access and receive inclusive, respectful care. These resources were developed by people who identify as Two-Spirit and LGBTQ+ and more than 40 organizations and Canadian Virtual Hospice to fill a national gap. This information is also helpful for allies, people working in healthcare and education and communities.	Canadian Virtual Hospice

Resource type	Organization	Description	Link to website
<p>Grief Resources for Black Caregivers</p>	<p>ABPRO</p>	<p>This resource is created by and for ACB community working in HIV and Harm Reduction, but its impact goes beyond these sectors. It's an opportunity to acknowledge and name Black grief and reflect on its impact. The interactive activity is a powerful way to visualize the grief we carry, and start conversations with co-workers, friends, and community about the grief that comes from anti-Black racism.</p>	<p>Black Voices Locating Our Grief</p>