



THE ONTARIO

caregiver
ORGANIZATION

RESOURCES AND
EDUCATION

COVID-19

April 1, 2021

Ontario's COVID-19 Vaccine Tip Sheet

Timing: Ontario's Vaccination Distribution Plan is currently in Phase 2 (April to June 2021) Timelines are estimates and may change depending on vaccine supply. The most up to date information can be found [here](#).

Who is eligible:

- Older adults
 - Adults aged 60-79, starting with those 75 to 79 and decreasing in five-year increments,
 - Adults turning 40 or older in 2021 are eligible for vaccination at participating pharmacies and primary care settings,
- People ages 18+ in hot spot communities*, starting in Peel and Toronto,
- People who live and work in high-risk congregate settings,
- Caregivers in select congregate care settings,
- Individuals with select health conditions and their caregivers,
- Essential frontline workers who cannot work from home.

Public health units determine age-based eligibility for their own community's needs. This means eligible age groups may differ between regions. Distribution is being conducted through mass vaccination clinics, pharmacies, primary care, site-specific clinics, mobile teams, mobile sites, and public health units.

*A list of hot spot postal codes can be found [here](#).

COVID-19 Vaccine Safety

- The COVID-19 vaccine does not cause a coronavirus infection.
- It helps to build up your immunity to the virus, reduce your risk of developing coronavirus and make your symptoms milder if you do get it.
- Vaccination is expected to be an effective way to prevent the spread and reduce the impact of COVID-19.

Only vaccines that Health Canada determines to be safe and effective will be approved for use in Canada and available in Ontario.

The vaccines:

- Were tested on a large number of people through extensive clinical trials,
- Have met all the requirements for approval, including safety,
- Are monitored for any adverse reactions that may occur after vaccination and appropriate measures will be taken.

[Learn more about the vaccines from Health Canada's website.](#)

Why Get Vaccinated?

Safe and reliable vaccines such as those approved by Health Canada can help protect you, your family and community members from COVID-19. They are an important tool to help stop the spread of the virus, build immunity in Ontario and allow us to safely resume

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normal life. When a large percentage of the population becomes immune to COVID-19, the spread of the virus will slow down or stop.

The vaccines approved for use in Canada:

- Require one or two doses for your body to develop infection-fighting response,
- Will help prevent death and serious illness due to COVID-19,
- Are anticipated to be effective against the original strain of the virus and the identified variants.

Until vaccines are widely available and enough people have been fully vaccinated to stop the spread of the virus, we all must:

- Continue to follow [local public health advice and restrictions](#),
- [Practice physical distancing](#),
- [Use masks or face coverings](#),
- [Stay home](#) as much as possible and only go out for necessities.

This information is provided by the Government of Ontario. To learn more on how to book a vaccination, please visit: <https://covid-19.ontario.ca/ontarios-covid-19-vaccination-plan> or call at 1 833 943 3900.

When you register for your vaccine, please ensure you have the required information at hand including:

- Health card
- Contact information
- Age or other qualifying data
- Any questions you have to prepare for your vaccination such as accessibility requirements

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