



The Ontario Caregiver Organization

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Ontario Caregiver Helpline:
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Funded by:



WELCOME TO THE ONTARIO CAREGIVER ORGANIZATION



Across Ontario there are 3.3 million caregivers; ordinary people including children and youth who are caring for family members, partners, friends and neighbours who have physical and/or mental health needs.

Caregivers play an invaluable role in our health care system and our communities. While many find the role fulfilling, the added responsibility of providing care can have a negative impact on a caregiver's physical and mental health.

AN ORGANIZATION TO SUPPORT CAREGIVERS

The Ontario Caregiver Organization (OCO) exists to support caregivers. Our 24/7 helpline provides a single point of access to information, support and services so caregivers are empowered with the information they need to be successful.

The Ontario Caregiver Organization works with caregivers, healthcare and service providers, as well as other organizations to amplify existing caregiver programs. Where gaps exist, we find new and innovative ways to bridge those gaps so all caregivers, regardless of age, diagnosis or where they live have access to the support they need.

Established in 2018, OCO is a non-profit entity funded by the Government of Ontario.



THE ONTARIO CAREGIVER HELPLINE 1-833-416-2273

The Ontario Caregiver Helpline provides caregivers with a one-stop resource for information and support. The Ontario Caregiver Helpline is answered by Community Resource Specialists in English and French, 24 hours a day, seven days a week.

You can also access help through our live chat or on our website at www.ontariocaregiver.ca

VOLUNTEER WITH US

Are you passionate about caregiving? Do you want to share your experience or insight to improve the supports and services available to caregivers? If so, consider a volunteer role with The Ontario Caregiver Organization. There are a number of opportunities available.

For more information visit www.ontariocaregiver.ca