



**WE'RE
HERE FOR
YOU.**

CAREGIVER HELPLINE

1-833-416-2273

LIVE CHAT

ontariocaregiver.ca



THE ONTARIO

caregiver

ORGANIZATION

If you're caring for someone and you need support or have care questions, call the 24/7 Ontario Caregiver Helpline:

1-833-416-2273 or visit **ontariocaregiver.ca**

Learn more:

- Caregiver Resources
- Caregiver Stories
- Community Supports
- Peer Support Groups
- Live Chat 7am – 9pm (Mon – Fri)
- Caregiving Publications
- Healthcare Provider Resources
- Volunteer or Partner

