



**WE'RE  
HERE FOR  
YOU.**

**CAREGIVER HELPLINE**

**1-833-416-2273**

**LIVE CHAT**

**[ontariocaregiver.ca](https://ontariocaregiver.ca)**



**THE ONTARIO**

**caregiver**

**ORGANIZATION**

If you're caring for someone and you need support or have care questions, call the 24/7 Ontario Caregiver Helpline:

1-833-416-2273 or visit [ontariocaregiver.ca](https://ontariocaregiver.ca)

**Learn more:**

- Caregiver Resources
- Caregiver Stories
- Community Supports
- Peer Support Groups
- Live Chat 7am - 9pm (Mon - Fri)
- Caregiving Publications
- Healthcare Provider Resources
- Volunteer or Partner



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